## **Diocese of Chichester**

The Diocese Safeguarding Team can be contacted at Church House, Hove on 01273 421 021. They will respond as soon as they are able. The best way to contact them is via the generic safeguarding team email address <u>safeguarding@chichester.anglican.org</u>

The **Diocesan Safeguarding Advisor** who can be contacted during office hours is: **Colin Perkins** who can be contacted on Tel: **01273 425 030** / **07500 771 210** or email <u>colin.perkins@chichester.anglican.org</u>

## **Finding Support**

We understand reporting abuse may be very difficult and distressing to you and it may add to your hurt if we are not able to immediately assist you. Here are the contact details of other agencies that are available to assist either on a 24-hour basis or through specialist helplines and services:



The phone number to call if you are worried about a child in West Sussex is **01403 229 900**, or **033 022 2666**4 for out-of-hours calls. The website giving more information about how to refer to concerns and what help might be offered is <u>https://www.westsussex.gov.uk/education-children-and-families/keeping-children-safe/raise-a-concern-about-a-child/</u>



The phone number to call if you are worried about a child in East Sussex is **01323 464 222**, or **01273 335 906** or **01273 335 905** for out-of-hours calls. The website giving more information about how to refer concerns and what help might be offered is <u>https://new.eastsussex.gov.uk/children-families/worried-about-a-child/worried-about-a-child-or-teenager</u>

## Further help and information can be found through the following phone numbers and links:

- NSPCC Child Protection Helpline: <u>0808 800 5000</u> (lines free and open 24 hours). Phone if you are worried about a child.
- **ChildLine**: <u>0800 1111</u> (lines free and open 24 hours). Phone if you are a child or young person and are worried about anything.
- National Domestic Violence Helpline: <u>0808 2000 247</u> (lines free and open 24 hours). Phone if you are experiencing domestic abuse.
- Samaritans Helpline: <u>116 123</u> (open 24 hours). Phone if you feel you are struggling to cope and need someone to talk to.
- Action on Elder Abuse Helpline: <u>0800 0699 784</u> (free phone Monday to Friday 9-5pm)

https://safeguarding.chichester.anglican.org/safeguarding\_policy/ https://safeguarding.chichester.anglican.org/whatdoidoif/ https://safeguarding.chichester.anglican.org/otherusefulsites/